

HOPETOUN P-12 COLLEGE

'Meeting the individual needs of all students'

RESPECT RESPONSIBILITY TEAMWORK

ISSUE 16

THURSDAY 1ST JUNE 2017

HOPETOUN
P-12 COLLEGE

2017

Term 2

June

Monday 5th June
Shake, Rattle & Read

Tuesday 6th June
VCAL Driving School
@ Charlton

Friday 9th June &
Tuesday 13th June
Year 10/11 Exams

Monday 12th June
Queen's Birthday
Holiday

Thursday 15th June
School Photos

Friday 16th June
Jeans For Genes Day

Sunday 18th June
Working Bee 8-30am

Monday 19th June
Shake Rattle & Read

Thursday 22nd June
P-4 Excursion
Winter Sports vs Tyrrell
College

Friday 30th June
End of Term

Term 3
July

Tuesday 18th July
Federation University Visit
Year 9/10/12



Trip to China Approved

Denita, Tegan, Jess and Flynn are excited about their forthcoming trip to China. These four students have been accepted into the *China New Horizons* program which is run by the School for Student Leadership for Year 9 students. They will be packing their bags shortly for their departure on Saturday 12 August.

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Hopetoun P-12 College is a Child Safe School

Principal's Report

Principal's Report

A TRIP TO CHINA

Exciting news for some of our Year 9 students – they have been accepted into a student leadership program which is being held in China. Yes, four of our Year 9 students will be spending six weeks in China. Denita, Tegan, Jess and Flynn will be attending the Ytahloy International School Zengcheng China. Whilst they are in China they will be involved in a series of programs developing leadership, learning the Chinese culture, learning the Chinese language and doing some sight-seeing around the area. It is a wonderful opportunity for the students however there will be a lot of work involved as well as leisure activities. They depart on Saturday 12th August and return on Saturday 23rd September. We look forward to hearing their experiences when they return to Hopetoun.

EDUCATION WEEK

Students and staff celebrated Education Week last Friday in style. The primary students were treated to a superb healthy breakfast. The Food Tech dining room was decorated exquisitely, the food was fantastic and the acknowledgement of learning was first rate. Meanwhile, the students in Years 7 to 10 warmed up with boot camp. They participated in a wide range of exercises showing how to build strength and endurance. At the same time the Year 11 and 12 students were involved in discussions around caring for self in the lead up to exams and the high-pressure involved in the later years of schooling. A hearty breakfast followed for all the secondary students and the session closed with a presentation to the students on healthy living. Thanks go to Nicki for organising our Education Week celebrations.

SCHOOL COUNCIL

It was a busy night at Council last night. Some of the business covered included:

- Approval of the trip to China for a group of Year 9 students.
- Approval of the VCE study trip to Melbourne.
- Approval of the School Annual Report for 2016.
- Organisation of a working bee for Sunday 18th June.
- Approval of new suppliers for our school uniform and approval for VCAL students to have an alternative uniform.
- Action on the recent school bus review.
- Discussion commenced on upgrading our food tech and science rooms.
- Receipt of the usual range of reports and correspondence.
- Working Bee approved for Sunday 18th June at 8-30am

SAD AND GLAD

Yes, the sad news is that our two calves, Big Mac and Milky, have been returned to their owner after their holiday at school. Our students certainly revelled in caring for them over the past three weeks. They have fed them regularly, weighed them and made a range of observations during the calves' stay.

But, the good news is that we have two new kids – yes, two baby goats have moved into the enclosure. These will take pride of place over the next few weeks. It will be interesting to monitor their eating habits and growth.

Congratulations to the VCAL students on their initiative and interest in our 'farmyard'.

SCHOOL PHOTOS – SCHOOL UNIFORM

The photos are scheduled for Thursday 15th June. Please ensure that all students are in full school uniform for these photos. We need to show how proud we are of the school and of our uniform. Wearing uniform every day and especially for important events shows responsibility as well as our school value of respect for the school, self and others.

Graeme Holmes

Principal

SHAKE RATTLE & READ
TERM 2 DATES

June 5th

June 19th

HEALTHY ACTIVE KIDS
TERM 2 DATES

June 29th

June 26th

**Year 10 & 11
Exams**

Friday 9th June &
Tuesday 13th June,
2017

Working Bee
Sunday 18th June,
2017
8-30am

Queen's Birthday Holiday
12th June, 2017

School Photos
15th June, 2017

**Full school uniform must be worn by all
students.**



Like Us On
Facebook

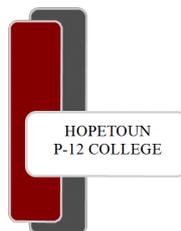
Weekly Student Award

Well done to the following students for receiving Student of the Week



Declan Brown

For being thoughtful about the rights and belongings of other students and for doing the right thing. Well done on being respectful Declan.



RESPECT

RESPONSIBILITY

TEAM WORK



Marco Hallam

For volunteering and cheerfully taking on extra shifts in the caf last week to cover for students not at school. Marco was not asked to do extra shifts, he used his initiative and asked Lena if she needed help.



Krystal Hakopa

For her impressive approach to completing her 'Runner' assignment. Krystal has ensured that all tasks have been completed to the very best of her ability. Well done Krystal

EVERY DAY COUNTS FACTS

Tips on supporting your child's school attendance:

Primary age

Talk positively about attending school and learning.
Help your child get into a routine for getting ready to go to school stress-free.
Help your child get ready for school in the morning.
Talk about the positive social side of a school environment.

Secondary age

Talk with your teenager about their long term goals and dreams and how school can help them achieve them

Homework Club

Thursday

3-20pm until 4-00pm

Prep—Year 6

Room 4

Secondary

Year 7—12

Room 5



Date: 16th of June

Please come in school uniform with the exception of having permission to wear Jeans.

Gold coin donation

Education Week - 'Healthy Mind, Healthy Body'

Education week was acknowledged well last week, particularly on Friday, with students participating in either boot camp or mental health talks and all enjoying a fabulous breakfast to finish the celebrations off. The Primary students were spoilt with fresh fruit, cereal, toast with poached eggs and a smoothie, while the Secondary students had sausages, bacon and freshly made quiche. Masses of students had second helpings and with no food left over our chooks missed out on scraps!

Dana Kotkamp held a rigorous boot camp session with the Year 7-10's and it was wonderful to see all students participating, even those who aren't usually fitness lovers. If you would like to see some of the action, check out our Facebook page as we live-streamed some of the workout.



Year 11-12's were given a valuable talk by RNWH social worker, Rebecca Lynch, where the importance of mental health was discussed.

Thank you to both Dana and Rebecca for helping us celebrate Education week and a special thank you to all the students who embraced the Healthy Mind, Healthy Body theme and had a go.



Survival Cooking

The year 8 - 10 students cooked up a storm in class last week. Their design brief was to use eggs as a main ingredient. All students worked well together and created fantastic final products.



Meals On Wheels



Last week Katelyn and I went to meals on wheels, which was awesome to give food for the elderly because it is helping people in need, that find it hard to cook or struggle to walk. We delivered about 8 meals which I find makes me calmer each and every day knowing that people have food to live on. What was really funny was when I got in the front seat Katelyn would scare the jeepers out of me because she would sit there and wait until I got into the car and she would jump out I laughed and laughed.

Tahlia Jones



mates

mentor assist target engage

MATES was the brain child of Wimmera Southern Mallee LLEN and first began in 2011, now 6 years

later, over 400 children have benefited. The MATES Mentoring program provides positive role models who **mentor**, **assist**, **target**, **engage** and enhance the skills and life experiences of young people. For one hour, every second week during school hours, volunteers within the community spend valuable time with their 'mate'. The Mentor role is that of a friend, positive role model and guide who would take a personal interest in a child's growth and development.

Hopetoun P-12 College has been actively involved in the **mates** program for 3 years with the results being extremely positive for both the mentee and mentor. To ensure this beneficial program can continue we are looking for more mentoring volunteers, so if you are over 18 and have a genuine desire to make a difference in a young person's life, please read the attached brochure and contact Nicki Bellinger at the school.

SPORTS UPDATE – From Mr Robins

Football Lightning Premiership @ Horsham

On Tuesday, nine of our Grade 4 – 6 students represented the College at the Little Desert/ Black Ranges Football Lightning Premiership. The boys were part of the Southern Mallee Lakes team, which consisted of students from Jeparit, Rainbow, Beulah, St Joseph's and Hopetoun. In the first game, against Horsham West B, the boys won a close game 26-25. The second game was against Horsham Lutheran and scores were level. Unfortunately, Horsham Lutheran kicked away in the second half to win by a few goals. Thanks to our Chaplain, Helen, for coming down with the boys and to Bruce Landrigan who umpired for the day.



Ryan, Zack, Kybe, Mitchell, Kaden, Cody, Jaiden, Declan & Tristan



Southern

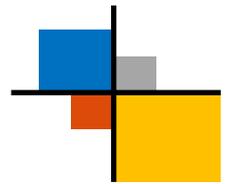
Football Team

Mallee Lakes

Greater Western Region Cross-Country @ Warrnambool 5/06/17

Reminder that Mackenzie Bellinger, Michayla Frankel, Geoffrey Box, Ben McGee, Denita Reid, Kiana Marshman and Shiarne Petschel have qualified to progress onto the next stage of cross-country next Monday 5th of June in Warrnambool. Transport to this event is parent responsibility and information was passed onto students last week.

English Page



Holes

Camp Green Lake wouldn't be a place where I would go. The reasons why are because it has high temperatures and there are many dangers that could happen. There is also no shade because it belongs to the Warden and the lake is all dried up.

Krystal



There is a little boy that was poor and he lived in an old house in Penang. He snuck out one night through his window to go and see a table tennis tournament with his mates. The tournament went all night from 9:00pm to 9:00am. His parents don't work so all they do is sleep all day and they can't afford to make the boy go to school. Therefore, he came back the next morning at 9:00am. He tried to climb through the window but he realised that he could not fit because he had eaten too much food and he had suddenly become obese. **Ben**

Advertising

Save money!

Buy one and get one free!

I have been hooked by this because I have seen and gotten great deals like this and I have gotten the deal of buy one and get one free or buy one and get two free.

I have been addicted to this deal because this is one good deal. You get more than what you would pay for that price and get more than what you would usually get. In addition, you save what the other two games cost! If they are games or food or everyday items you would get one or two more than what the cost was.

Deklin

The Diver Painting

In English on Tuesday, we were handed a picture of a painting and asked to respond to it.

In the painting "The Diver" multiple people are shown. The artist may have chosen to do this to show what the diver thinks he looks like, or what he wishes he looks like. It may be a representation of all the things the diver can do or all the things he wants to be able to do. The painting reminds me of synchronized swimming in the way everything is perfectly planned.

To me the painting doesn't display much personality - or the personality is very distant and different to mine. **Kiana**

I think the Diver painting is excellent. I like how the people in the painting look joined and how it looks like just one person in the picture. I also like that the divers have made it into time-lapse frame.

Bailey

The Diver is a painting that shows six different people jumping off a diving board. I do not really know what to think about it though because all I can see is what is there. It seems random and absurd. **Dallas**



HOW TO GET RID OF HICCUPS...

Hiccups: One excellent way to stop the hiccups is to... jump up and down 13 times and then try to hold a spoon in between your nose and mouth! "This worked really well on my daughter, they were gone in a second," said Dr. Story, "it will work because the gravity pulls you down from jumping AND therefore causes a jolt from your legs to your throat stopping the hiccups then and there!" However, to have them gone forever, that is right people, FOREVER...put a spoon in between your nose and lips and hold it there for one hour! **Bryndal**

Are you sick of endless hiccups?

Then for this limited time special-offer, you can get not one, but two Hiccup Stitch-ups for free! **The Hiccup**
Stitch-up is a syrup that makes a shield that prevents the hiccups from coming up. Scientists have proven that this syrup has a lot of "Callot" in it. This is a liquid which makes the shield! So that is why you should buy the once in a lifetime Hiccup Stitch-up!

You can't get these in stores, so call 0463857336 - I repeat, 0463857336. Now...back to the program! **Oliver**

Healthy Breakfast - Primary



MENU

FRUIT
YOGHURT
CEREAL
TOAST AND SPREADS
EGGS ON TOAST
MILKSHAKES



Hopetoun P-12 College primary students had a healthy breakfast as part of Education Week. The breakfast was a great success and enjoyed by the students.
Thank you to staff for assisting in the preparation.



FAYE COOK